

YEAR OF VALUES

INTEGRITY

always.

PROVOCATION NO. 1



I have learned

that as long as I hold
fast to my beliefs and
values, and follow my
own moral compass,
then the only
expectations I need to
live up to are my own.

- Michelle Obama -

STABLE KERNEL'S VALUES
SERVE AS THE MORAL COMPASS
OF OUR COMPANY.



When the decisions we collectively make align with these values, we act with integrity that allows our company, our colleagues, and our clients to thrive.

While Stable Kernel's values will generally serve you well in life, they are probably somewhat different from the values that are most personally important to you.

Act according to the values and beliefs that are authentically yours, and you'll live a life of integrity and fulfillment.



But wait...why should your employer care about your personal values anyway?

Because if your values are at odds with those of the company, everyone will end up being pretty unhappy.

And...

because...

happy, fulfilled people
are the best employees.

Values are usually fairly stable, yet they don't have strict limits or boundaries. As you move through life, your values may change.

For example, success – measured by money or status – might be a top priority when you start your career. But after you have a family, work-life balance and stability may be what you value more.

As your definition of success changes, so do your values. This is why keeping in touch with your values is a lifelong exercise that you should continuously revisit, especially if you start to feel unbalanced and you can't quite figure out why.

YOU SAW THIS COMING, RIGHT?
SURE YOU DID.

For this week's provocation, you'll
spend some time identifying YOUR
values.

Click the link on the next page to
submit your reflection.

LET'S GET STARTED!

Estimated Time Commitment:

10 minutes

What You'll Need:

a comfortable place to reflect

a willingness to participate

Click here to begin.