

YEAR OF VALUES



# R.E.S.P.E.C.T.



PROVOCATION NO. 1



# *R.E.S.P.E.C.T.*

is defined as a feeling of  
deep admiration for  
someone or something  
elicited by their abilities,  
qualities, or achievements.

For this week's provocation, take some time to think about a couple of people you respect.

What abilities, qualities, and achievements do they hold?

How have they influenced your life in positive ways?

How have they inspired you to practice becoming better?

Click the link on the following page to record your reflection.

# LET'S GET STARTED!

Estimated Time Commitment:

*10 minutes*

What You'll Need:

*X inspirational people*

*X comfortable place to reflect*

*X willingness to participate*

Click here to begin.